



Junior Fit-n-Fun Tennis Workshop Descriptions

Young Beginner Players, Age 5-7

Emphasis is on creating a Fun Playtime Atmosphere. We'll do this by exploring and learning the fundamentals of athletic movement, learning the parts of the court and scoring, and developing the most common tennis stroke; the groundstroke. The tennis serve will also be introduced.

45 minute Workshops

Beginner Players, Age 8-10

Emphasis is on creating a Fun Atmosphere. We'll do this by practicing the fundamentals of athletic movement, playing tennis games and keeping score, and developing the groundstroke and volley. Much time will be devoted to learning the tennis serve as well.

1 hour Workshops

Pre-teen/Intermediate Players, Age 11-13

Emphasis is on creating a Fun and Positive Atmosphere. We'll do this by practicing the fundamentals of athletic movement through proper footwork and learning it's importance. Tennis strategies will be implemented during tennis games and scorekeeping. Further development of the tennis serve will be done. The all important groundstroke, volley, and overhead shots will be introduced as the student progresses.

1 hour Workshops

Teenage/Advanced Players Age 14-18

Emphasis is on creating a Fun and Positive Atmosphere. We'll do this by practicing the fundamentals of tennis footwork, groundstrokes, volley's, overheads, & other specialty shots. Much time will be devoted to the tennis serve. Actual tennis play with scorekeeping will be an important aspect of this workshop. Other topics will include: mental aspect of tennis, sportsmanship, Golden Rule of Tennis, emotional control, tennis strategy, & respect for your opponent.

1 hour Workshops

USPTA Tennis Instructor, Cindy Klebe, will be leading these evening workshops. She has been a USPTA Certified Pro for over 4 years, and is also an active USTA player. She started playing tennis about 12 years ago as an adult and has developed a passion for the game. She is also the GRTA's Junior Tennis Tournament Director. She is excited to be teaching through the Great River Tennis Association; while bringing a new level of enjoyment and positive vibes to the Muscatine Community's, youth and adult, tennis players.

The Months that these workshops will be offered are:

2018: November December 2019: January February March April

**Select the months you want to participate in below on the registration form.*

Where: Workshops will take place at Ss Mary and Mathias Catholic School Gym, 2407 Cedar St., Muscatine, IA 52761

What if? In the event of a class cancellation or relocation, parent/guardian will be contacted via text message.

Notes: Classes vary by age and current skill level of children playing. We do move children around as necessary to be sure the class they are participating in is the best fit for them. The ages listed are flexible guidelines.

There is a drop-in rate per workshop of \$10 per child (any age group) and should be paid directly to Cindy Klebe.

Great News to Share! GRTA will pay for the indoor court fees for junior players age 13 and under. Those junior players age 14-18 will need to pay the Junior fee of \$100 for indoor court time in addition to the workshop fee.

*****Workshop Fees** should be made payable to Cindy Klebe (cash, check or Credit Card); while Teenage/Advanced Group **Indoor Court fees** should be made payable to GRTA (checks or cash only). Fees can be paid the first night of the workshops.

Please give Coach Cindy a courtesy call or text at 563-506-5901 if you plan on participating.

WAIVER/DISCLAIMER OF LIABILITY

ALL TENNIS PLAYERS PARTICIPATING IN ANY GREAT RIVER TENNIS ASSOCIATION (GRTA) EVENT INSIDE AT SS MARY & MATHIAS CATHOLIC SCHOOL, OR OUTSIDE AT THE MUSCATINE HIGH SCHOOL OR OTHER TENNIS COURTS ASSUME THE RISK OF ANY AND ALL LIABILITY IN CONNECTION WITH THEIR PARTICIPATION AND SHALL NOT HOLD GRTA, SS MARY & MATHIAS CATHOLIC SCHOOL OR ANY GRTA MEMBER, OFFICER OR PROFESSIONAL LIABLE FOR ANY AND ALL ACTIONS OF THE PLAYER IN CONNECTION WITH ANY GRTA EVENT OR ANY FACILITY OR EQUIPMENT OF THOSE PARTIES. THIS ASSUMPTION OF RISK IS EVIDENCED AND ACKNOWLEDGED BY THE PAYMENT OF ANY COURT TIME OR ACTIVITY FEE TO GRTA, OR TEACHING PROFESSIONAL DIRECTLY OR INDIRECTLY BY CHECK, CASH OR CREDIT CARD BY ANY MEMBER OR OTHER PARTICIPANT ON BEHALF OF THEMSELVES, SPOUSE OR OTHER FAMILY MEMBER OR FRIEND.

Parent/Guardian Signature _____

Date _____

Participants Name _____

Participants Age _____

Participants Phone Number _____

Participants Email Address _____

Parent/Guardian Phone Number _____

Parent/Guardian Email Address _____

Address _____

Method of Payment

- Check
 Cash
 Credit Card

City, State Zip Code

Fit-n-Fun Tennis Workshops

Sign up for: NOV- DEC- JAN- FEB- MAR Price/Session

- | | | | | | | |
|------------------------------------|--|--|--|--|--|-------------------|
| <input type="checkbox"/> Age 5-7 | | | | | | X \$15.00 = _____ |
| <input type="checkbox"/> Age 8-10 | | | | | | X \$20.00 = _____ |
| <input type="checkbox"/> Age 11-13 | | | | | | X \$25.00 = _____ |
| <input type="checkbox"/> Age 14-18 | | | | | | X \$30.00 = _____ |

4 Week Session = \$3.75 to \$10.00 per Workshop! Now that's a heck of a deal!

Subtotal: _____

Total: _____